

## PUPIL HANDBOOK

Name:

## **PUPIL DETAILS**

Name	
Tutor Group	
Tutor Room	
House	
Locker no	
Parent/Carer Signature	

# KINGS'

At Kings' our Values are at the heart of our school culture. They underpin our mission that we are Working Together (Una Laborantes) to Achieve Inspiring Futures, Exceptional Character, and Academic Excellence.

#### **OUR SCHOOL VALUES ARE TO:**

Discover brilliance in everyone

Have unlimited ambition

Earn success

Be kind, be humble, and have integrity

Make a difference



#### **SCHOOL PROCEDURES AND TIMINGS**

#### **HOURS OF ATTENDANCE**

Pupils must arrive at school by 8.45 a.m. and although some pupils may arrive at school earlier than this, parents are advised that there will be no staff supervising pupils before 8.30 a.m.

Pupils are considered late if they have not registered by 8.45 a.m. (unless they are late with good reason eg: school bus was late.)

If for any reason pupils are late for school, or need to leave school early, they should 'sign in/out' at Reception. They must also bring a note signed by a parent/carer.

#### TIMINGS OF THE SCHOOL DAY

	Movement
08.45 - 09.10	TUTOR TIME
	Movement
09.15 - 10.15	Lesson 1
	Movement
10.20 - 11.20	LESSON 2
	Movement
11.25 - 12.25	Lesson 3
12.25 - 13.05	LUNCH
	Movement
13.10 - 14.10	Lesson 4
	Movement
14.15 - 15.15	Lesson 5

#### FIRE DRILL

If the Fire Alarm rings (one continuous ring) pupils must be SILENT immediately, listen to instructions from the teacher and then proceed in SILENCE to the assembly point on the Sarum Tennis Courts. If access to this area is difficult for any reason, pupils will be directed by a teacher to the second assembly point which is the Middle Field in front of Sarum block. Once there, pupils should line up silently in tutor group order and await further instructions.

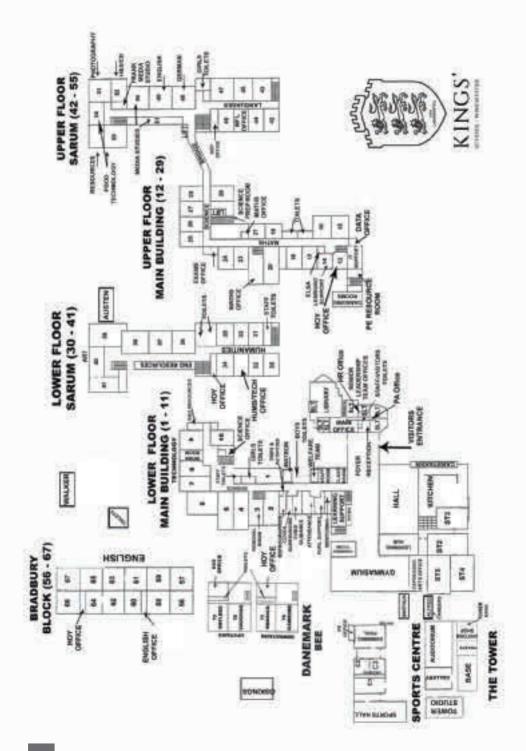
#### SCHOOL EMERGENCY CLOSURE

If the School has to close as a result of snow or other circumstances, an announcement will be made as early as possible on Local Radio. It will appear on the School's own website and on the Hampshire County Council website: <a href="http://www.hants.gov.uk/education/schoolclosures/">http://www.hants.gov.uk/education/schoolclosures/</a>.

If the school has any reason to close during a school day, pupils would be held safely in our care until transport arrangements could be made.

#### **WORK FOR PUPILS:**

In the event of a school closure pupils can keep up to date with work requirements via the school website. https://kings-hants.com/pupils-resources/



## KINGS' SCHOOL RULES

- The highest standards of personal behaviour are expected from pupils both in school and on the way to and from school, and in other school activities.
- Unless permission has been given, pupils must not leave the school premises during the school day.
- When moving around the school, pupils should walk quietly, keeping to the one-way system. Running is only permitted on the fields and play courts.
- In fine weather, pupils should remain outside before 8.45am and at lunchtimes, unless they are in a designated eating area or making their way to see a member of staff.
- Valuable items should not be brought into school unless they are absolutely essential; any such items remain the responsibility of the pupil and should be kept out of sight.
- Mobile phones should be kept switched off and must be out of sight on school site, from arrival at the start of the day until 3.15pm, unless they are being used with staff permission.
- Pupils are not allowed to listen to music using their own headphones at any time whilst on school site.
- Motorbikes, mopeds, scooters and skateboards must not be brought into school.
- Food should be consumed in the designated eating areas only or outside the buildings. Food should only be eaten in the classrooms during "wet break".
- Pupils must not bring alcohol, recreational drugs, solvents, energy drinks or large bottles of fizzy drinks into school.
- Prescribed medicines (other than inhalers and epi-pens) must be handed in to Matron for safe keeping. Other medicines must only be brought into school with parental permission; pupils must never give medicines to other pupils.
- Smoking and "vaping" are not permitted in school or on the way to or from school. The possession of cigarettes/e-cigarettes, matches and lighters is not allowed at any point whilst in school uniform.

## KINGS' SCHOOL RULES CONTINUED...

- · Chewing gum is banned and should not be brought into school.
- Dangerous items such as knives, laser pens etc. must not be brought into school.
- All types of aggressive behaviour, whether verbal or physical, are not allowed.
- Pupils must not go into the areas which are out of bounds.
- · Outdoor garments should not be worn during lessons.
- Pupils are not allowed to eat sweets/food during lessons.
- Pupils should ensure that litter is placed in bins and recycled where possible.

#### CONDUCT AND DISCIPLINE

We are immensely proud of our pupils' behaviour; visitors to the school consistently comment on how kind, sensible and polite they are.

At Kings', good behaviour, consideration and respect for others are essential for effective teaching and learning. We expect the highest standards of behaviour from our pupils; in return, the pupils can expect to be provided with a pleasant, happy and safe environment in which to work, develop and thrive. Part of any pupil's development is learning where and why boundaries, guidelines and rules exist.

They, therefore, need to know what the consequences will be if those boundaries are pushed or rules broken. Although we will always try to work with parents and pupils, we operate a very clear discipline policy. If this code is not observed, then fair but firm sanctions are imposed; these may include detention, isolation and temporary suspension. In extreme cases pupils may be permanently excluded from school.

Permanent exclusion may be used when a pupil breaches Kings' School's zero tolerance towards drug abuse or violent behaviour. Governors are always involved in the decision to permanently exclude a pupil.

#### ATTENDANCE AND ABSENCE

Pupils must not be absent from school unless they are ill – casual or holiday absence is not granted. At Kings' School we have always stressed the importance of regular attendance and detailed monitoring systems involving Tutors, Head of Year and the Attendance Team are in place. Legislation requires that schools investigate thoroughly any suspected cases of unauthorised absence and report the results of these investigations to the appropriate authorities as required.

Co-operation is, therefore, requested in restricting, as far as possible, dental and medical appointments to out of School hours.

Please text, email or use school comms to inform the school on each day of your child's absence with a reason for the absence. If your child has a prolonged illness, please telephone the school to alert us.

- Email: pupilabsence@kings-winchester.hants.sch.uk
- School Comms: <a href="http://schoolcomms.com/">http://schoolcomms.com/</a> School Gateway

If a pupil is temporarily unfit for Physical Education, a note must be brought from parent or carer. However, they still must bring in their full PE kit.

In cases of prolonged illness or disability, a medical certificate from the doctor is required.

#### **EXPECTATIONS OF SCHOOL UNIFORM**

All pupils attending Kings' School are required to wear the correct School Uniform. There is no negotiation on this point. The School Uniform has been designed so that it is simple, clear, unequivocal, gender neutral (where appropriate) and easily obtainable. It is, in the first instance, the responsibility of the Tutor to monitor uniform standards. All members of staff, however, assume a corporate responsibility in maintaining the Uniform Regulations. Pupils are expected to maintain these standards both within and outside school, on the way to school and on the way home.

# EXPECTATIONS OF SCHOOL UNIFORM CONTINUED...

#### UNIFORM

- Plain white long or short sleeved shirt with conventional collar to be worn with School Tie with six stripes showing.
- · Black Blazer, with School Badge.
- Charcoal grey box-pleated knee-length skirts worn with or without tights.
   Tights must be plain grey, black or natural in colour OR socks, plain black or grey only.
- · Black trousers, which should be straight legged, not skinny or tapered legs.
- · Burgundy V-neck pullover with badge (optional)
- · Burgundy School Tie with gold stripe, worn with 6 stripes.
- · Socks, plain black or grey only.
- Shoes, black sensible with a low heel no more than 2cm. No boots or sports branded shoes are allowed. (see school website for greater clarification).
- Coats must be smart, of a single colour, with no slogans or large lettering or images and avoiding extremes of fashion. Leather or denim jackets should not be worn.
- Hair must be kept smart and tidy, an appropriate style for School, must not reflect any extremes of fashion and should not be dyed, other than a single natural colour. Hair must not be cut less than a Grade 2 and must be above the eyebrows. Plain black hair bands only may be worn as a hair accessory. For health and safety reasons, long hair should be tied back in appropriate subjects e.g. Technology.
- · Eye make-up, nail varnish or false nails are not allowed
- · Pupils can only wear one plain gold/silver stud earring in each earlobe
- Pupils must not have any other facial piercings, including lip, tongue or nose studs.
- Necklaces, chains must not be worn.

- · One plain, simple ring is allowed, e.g. a Signet Ring.
- · Non-religious or non-medical bracelets, bangles, anklets etc. are not allowed.
- · Watches may be worn.
- School bags must be rucksack style, which distribute weight evenly and are waterproof. Pupils must not use handbag style bags. Carrier bags are not acceptable either for books or PE kit and must not be used.
- · Boys must be clean shaven, other than for religious reasons.
- Top buttons must be done up; shirts must be tucked in; skirts must not be "rolled"

#### PE

- · Plain black or burgundy PE shorts.
- · Burgundy skorts with School crest.
- · Black rugby shorts with School crest (optional).
- · Burgundy reversible games jersey with School crest.
- · Burgundy socks with white tops.
- · Plain white sports socks.
- Kings' crest or House polo shirt.
- · Grey sweatshirt with School crest (optional).
- · Waterproof black and gold top with School crest (optional).
- · Plain black tracksuit bottoms for winter (optional).
- · Astro/trainers and Football/Rugby boots.
- · Black swim shorts for boys.
- · Plain black swimsuit for girls.

If any points are unclear or cause confusion, please contact your child's Head of Year before making expensive purchases, or making any decisions regarding your child's appearance at school. NOTE: Pupil swim wear is not gender neutral.

All items of clothing etc. should be clearly marked with the pupil's name. Responsibility cannot be accepted by the Governors or school for any items mislaid, lost or stolen.

### **IT RULES**

- Pupils will only use their own login and password, and will keep their password secret.
- · Pupils will only use the computer for school-related study.
- Pupils are responsible for their files and understand that the school will check files and monitor the sites pupils visit.
- Pupils will only email people they know or people their teacher has approved of
- Any digital communication pupils send will be polite, sensible and related to their work.
- Pupils will not give out any personal information in their emails, like their mobile number or address, or arrange to meet anyone they do not know.
- Pupils will only enter sites on the internet that they have a teacher's permission to enter.
- · Pupils will not enter chat rooms or play internet games.
- Pupils will not rearrange the hardware or install any software and download .exe files or games or try to load unauthorised software onto any school computer.
- Pupils will not use social networking sites to post untrue information or comments about any other person.
- Pupils will not send, access, display offensive messages or pictures or forward chain emails.
- Pupils will not cyber bully or use bad, threatening or annoying language nor any language which might incite hatred against any ethnic, religious or other minority.
- · Pupils will not consume food or drink in a computer room.
- Pupils will not connect a personal device to the Kings' wireless internet connection unless they are authorised to do so. Additionally, pupils will not create a personal hotspot whilst on the school site.
- · Memory sticks or other external storage devices must not be used.

If pupils break any of these rules, they know they may be stopped from using the school computers, or possibly, be suspended from school.

#### IT CODE OF CONDUCT

The code of conduct applies at all times and on all sites, in and out of school times, whilst using school equipment. Email and internet access will be provided for you to conduct research and enhance your learning opportunities, but only on the understanding that you agree to follow this code. This code is not intended to be exhaustive. You should use the school network and the internet in an appropriate and responsible manner at all times.

#### You Should:

- Be aware that information on an internet web site may be inaccurate or biased. Try to verify the information using other sources, if possible, before using it.
- Be careful what you say to others and how you say it whether using email
  or other online methods. Never give out your name, telephone number,
  address or any other personal information about yourself or others to
  strangers you write to or talk with on the network or the internet. Never
  arrange to meet strangers who approach you whilst you are on the
  computer; anyone can pretend to be someone else. Someone pretending
  to be your friend may not have your best interests at heart.
- · Treat others as you would be expect to be treated.
- Respect copyright and trademarks. You cannot use words and pictures that
  you see on an internet site without giving credit to the person who owns the
  site. You must not copy text or pictures from the internet and hand it in to
  teachers as your own work.
- Respect the rooms and the equipment and report any problems to a member of staff.

Always tell an adult if you ever see, hear or read anything which makes you feel uncomfortable while using the internet or email. You will not be blamed and your prompt action may protect others. This applies at home, in school or elsewhere. There is also a Pupil Welfare section on the Kings' School website, should you need further help.

Please note failure to follow this code may result in loss of access and further disciplinary action, up to and including suspension if appropriate. External agencies may be involved since certain activities may constitute a criminal offence. (1998 Data Protection Act and the Computer Misuse Act of 1990)

## KINGS' SCHOOL EMPLOYABILITY

Here at Kings', our Business, Enterprise and Employability programmes provide a perfect platform for developing a 'positive approach'.

#### **EMPLOYABILITY AND CAREERS EVENTS**

PSHEE, careers and business themed activities take place where real life problems are addressed by pupils. They learn to grapple with complex, conflicting issues where compromise, empathy, thinking skills, team work and time management are key.

#### EMPLOYABILITY SKILLS WITHIN THE CURRICULUM

Employability skills are embedded within the school curriculum. Our external business partners help translate theory into real life by offering pupils the opportunities to work on real projects.

#### **COMMUNITY LINKS**

Our pupils support a variety of community projects including: fund raising, music therapy, product development and education/business partnerships.

#### **WORK EXPERIENCE**

All of our Year 10 pupils participate in Work Experience. They find their own employer host and undertake a placement for up to two weeks. Placements help pupils develop an understanding of the world of work, employability skills and plans for the future.

# CAREERS EDUCATION, ADVICE AND GUIDANCE AT KINGS' SCHOOL

Our ambition is to create a unique learning environment where young people thrive. Kings' School delivers a stable yet progressive Careers, Employability and Enterprise programme, offering an extensive range of activities which promote career opportunities and develop the key employability skills required to succeed in the workplace.

This is supported by a framework of impartial, personalised careers advice and guidance, delivered by our Level 6 qualified professional, ensuring all pupils receive expert advice at the time they need it.

Our challenge is to produce a highly skilled and creative workforce which is flexible and sufficiently adaptable to move into forms of employment which have yet to emerge within our economy. This is achieved through:

- Providing all pupils with the opportunity to acquire cultural capital / social assets that enable equality, social mobility and challenge stereotypes
- Raising aspirations and supporting young people to achieve their full potential
- · Providing comprehensive information on all options at key transition points
- · Empowering young people to plan and manage their own futures
- Enabling young people to understand the current and future labour market and acquire the employability skills and qualifications they need to sustain employability and achieve personal and economic wellbeing throughout their lives

For further information, please contact Mrs Turner.

#### BULLYING

#### WHAT IS BULLYING?

It is behaviour by an individual or a group that is seen by you as an attempt to hurt, frighten, humiliate or threaten you or someone else, particularly if the behaviour is repeated or persistent.

#### **BULLYING CAN BE:**

- · Physical: hitting, pushing, taking someone's belongings.
- Verbal: Name calling, insulting, racist or sexist remarks, threatening or demanding money.
- Indirect: Spreading rumours, sending abusive text messages/emails, excluding someone from a group.

#### HOW TO REACT:

- Try to ignore bullies, walk away and do not let them see that you are upset.
   Don't give them the satisfaction of getting a reaction from you.
- If you can, calmly stand up for yourself and ask them to stop their behaviour.
- · Try to stay with your friends and avoid being on your own.

#### WHAT TO DO NEXT:

Tell someone you trust. This could be a friend, someone at home or a teacher. Just talking to someone may help you to find a solution to the problem.

#### WHAT WILL HAPPEN IF YOU TELL A TEACHER?

The teacher will listen to you and offer support. The teacher can organise someone to talk to the person who is bullying you (if you agree) and hopefully stop the bullying.

#### WHAT TO DO IF YOU SEE BULLYING:

- · Comfort and support the victim.
- · Stay with the victim.
- Tell someone e.g. a teacher, what you have seen.
- · Tell the victim to report the incident.

If you are in a group where one member is bullying, show that you disapprove, because by doing nothing you support the bully. Bullies need help to overcome their problem so don't ignore bullying.

If you are bullied in school, make sure that you report what has happened to a member of staff or ask your parents to do this.

## **EXAM REVISION TECHNIQUES**

#### HOW TO LEARN WELL

#### 1. PAY ATTENTION IN CLASS

Ask your teacher to explain things you do not understand and do not allow yourself to be distracted.

#### 2. GIVE TASKS 100% OF YOUR FOCUS.

Do one thing at a time and do it as well as you can. If you are at home, leave your phone alone. Chunks of 20 minutes with a 5-minute break between them work well.

#### 3. SPACE OUT YOUR LEARNING.

"Little and often" is the way to get information into your long-term memory. Cramming information all at once will not help you remember it.

## **EXAM REVISION TECHNIQUES**

#### HOW TO LEARN WELL CONTINUED...

#### 4. USE RETRIEVAL PRACTICE.

Test yourself in different ways to see what you know. Use your Knowledge Organiser. Ask someone to test you. Use Look, Cover, Write, Check or the Leitner Method to help you learn.

#### 5. TAKE TIME OUT FOR YOURSELF.

Time spent relaxing, doing hobbies and being with your friends and family is a really important aspect of doing well in your studies.

#### 6. GET ENOUGH SLEEP.

Not only will you feel better and more confident if you are well-rested, but your brain moves information into your long-term memory when you sleep.

#### 7. EAT NOURISHING FOOD REGULARLY AND DRINK PLENTY OF WATER.

Your body and your brain are connected. If you eat healthy food, you are looking after your brain as well as the rest of your body.

#### HAVE YOU LEARNED IT?

Your Knowledge Organiser contains the core knowledge that you need to know and learn.

Use your Knowledge Organiser to see if you can complete the following activities. If you can do these things, you know something well. How many can you do?

- 1. Answer a question about it, under a time pressure.
- 2. Explain it in your own words.
- 3. Teach it to someone else.
- 4. Apply what you know in a new context.
- 5. Remember it a week, a month or a year later.

#### SOME THINGS THAT MAY HELP YOU REMEMBER INFORMATION:

- 1. Well-designed flashcards that you have made with key information.
- Mnemonics, such as "Richard of York Gave Battle In Vain" (visible light spectrum – the rainbow)
- 3. Mind maps (keep the paper landscape)
- 4. Timelines (dates of key events, in order)
- 5. A grid of key quotes according to characters and themes.
- 6. Creating a story that includes all the information.
- 7. Answering practice questions
- 8. Re-create a section of your Knowledge Organiser from memory.

#### **EXAM COUNTDOWN**

#### 1 MONTH TO GO

Find out what you do not yet know and get help with it.

#### 2 WEEKS TO GO

Plan your revision and space it out to allow information to go into your long-term memory.

#### 1 WEEK TO GO

Test yourself using as many methods as you can. You could use past papers (GCSE) as well as online quizzes. You could ask someone else to test you.

#### THE NIGHT BEFORE

Pack your bag, check you have everything you need and get enough sleep.

#### EXAM COUNTDOWN CONTINUED...

#### THE MORNING OF AN EXAM

Eat a healthy breakfast and drink water. Get to school in plenty of time and spend time with people who will help you to feel positive and confident.

#### JUST BEFORE THE EXAM

Breathe slowly and deeply. This will slow your heart rate down and reduce the feelings of anxiety. Remind yourself that you have prepared well, and you can do this!

#### AFTER THE EXAM

Do not spend time going over it in your head. Leave it in the past and look forward (either to the next one or to relaxing when they are all finished!)

#### PRESENTATION OF PUPILS' WORK

- 1. The lesson title should be written and underlined with a ruler.
- 2. The date should be written on the right-hand side of the page and underlined.
- 3. Pupils should write in blue or black ink. Key words can be highlighted or underlined.
- 4. Pencils should be used for drawings, diagrams and graphs.
- 5. All underlining must be done using a ruler.
- 6. All loose sheets must be stuck into exercise books.
- 7. There should be no doodling or graffiti either on the cover or inside books.
- 8. Feedback work should be clearly indicated green (or another coloured) pen should be used for all improvement tasks.

## **AUTUMN TERM PART 1**

CREDITS:			
TRIPS:			
CLUBS:			
	Target		Review
Academic Excellence			
Exceptional Character			
Inspiring Futures			
WEEK 1			
Tutor:		Parents:	
Sign:		Sign:	
WEEK 2			
Tutor:		Parents:	
Sign:		Sign:	

## AUTUMN TERM PART 1 CONTINUED...

WEEK 3	
Tutor:	Parents:
Sign:	Sign:
WEEK 4	
Tutor:	Parents:
Sign:	Sign:
WEEK 5	
Tutor:	Parents:
Sign:	Sign:
WEEK 6	
Tutor:	Parents:
Sign:	Sign:

WEEK 7	
Tutor:	Parents:
Sign:	Sign:
WEEK 8	
Tutor:	Parents:
Sign:	Sign:
No	OTES

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## **AUTUMN TERM PART 2**

CREDITS:			
TRIPS:			
CLUBS:			
	Target		Review
Academic Excellence			
Exceptional Character			
Inspiring Futures			
WEEK 1			
Tutor:		Parents:	
Sign:		Sign:	
WEEK 2			
Tutor:		Parents:	
Sign:		Sign:	

## AUTUMN TERM PART 2 CONTINUED...

WEEK 3	
Tutor:	Parents:
Sign:	Sign:
WEEK 4	
Tutor:	Parents:
Sign:	Sign:
WEEK 5	
Tutor:	Parents:
Sign:	Sign:
WEEK 6	
Tutor:	Parents:
Sign:	Sign:

#### WEEK 7

Tutor:	Parents:
Sign:	Sign:
No	TES

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## **SPRING TERM PART 1**

CREDITS:			
TRIPS:			
CLUBS:			
	Target		Review
Academic Excellence			
Exceptional Character			
Inspiring Futures			
WEEK 1			
Tutor:		Parents:	
Sign:		Sign:	
WEEK 2			
Tutor:		Parents:	
Sign:		Sign:	

## SPRING TERM PART 1 CONTINUED...

WEEK 3	
Tutor:	Parents:
Sign:	Sign:
WEEK 4	
Tutor:	Parents:
Sign:	Sign:
WEEK 5	
Tutor:	Parents:
Sign:	Sign:
WEEK 6	
Tutor:	Parents:
Sign:	Sign:

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## **SPRING TERM PART 2**

CREDITS:						
TRIPS:						
CLUBS:						
	Target		Review			
Academic Excellence						
Exceptional Character						
Inspiring Futures						
WEEK 1						
Tutor:		Parents:				
Sign:		Sign:				
WEEK 2						
Tutor:		Parents:				
Sign:		Sign:				

## SPRING TERM PART 2 CONTINUED...

WEEK 3			
Tutor:	Parents:		
Sign:	Sign:		
WEEK 4			
Tutor:	Parents:		
Sign:	Sign:		
WEEK 5			
Tutor:	Parents:		
Sign:	Sign:		
WEEK 6			
Tutor:	Parents:		
Sign:	Sign:		

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# **SUMMER TERM PART 1**

CREDITS:					
TRIPS:					
CLUBS:					
	Target		Review		
Academic Excellence					
Exceptional Character					
Inspiring Futures					
WEEK 1					
Tutor:		Parents:			
Sign:		Sign:			
WEEK 2					
Tutor:		Parents:			
Sign:		Sign:			

# SUMMER TERM PART 1 CONTINUED...

WEEK 3	
Tutor:	Parents:
Sign:	Sign:
WEEK 4	
Tutor:	Parents:
Sign:	Sign:
WEEK 5	
Tutor:	Parents:
Sign:	Sign:
WEEK 6	
Tutor:	Parents:
Sign:	Sign:

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## **SUMMER TERM PART 2**

CREDITS:			
TRIPS:			
CLUBS:			
	Target		Review
Academic Excellence			
Exceptional Character			
Inspiring Futures			
WEEK I			
Tutor:		Parents:	
Sign:		Sign:	
WEEK 2			
Tutor:		Parents:	
Sign:		Sign:	

### SUMMER TERM PART 2 CONTINUED...

WEEK 3	
Tutor:	Parents:
Sign:	Sign:
WEEK 4	
Tutor:	Parents:
Sign:	Sign:
WEEK 5	
Tutor:	Parents:
Sign:	Sign:
WEEK 6	
Tutor:	Parents:
Sign:	Sign:

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#### **RECORD OF CREDITS**

#### THE CRITERIA FOR AWARDING CREDITS ARE:

- · A piece of exceptional good work.
- · A period of sustained good work.
- · An example of exceptional effort.
- · A significant period of consistent effort.
- · An example of exceptional helpfulness.
- · A record of consistent helpfulness.

#### **AWARDS AT KS3:**

25 Credits Bronze Kings' Award

50 Credits Silver Kings' Award

100 Credits Gold Kings' Award

150 Credits Ruby Kings' Award

200 Credits Emerald

250 Credits Platinum

300 Credits Diamond

DON'T FORGET - YOU ARE COLLECTING CREDITS FOR YOU AND YOUR HOUSE!

## **CREDITS**

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25 – Bronze achieved
26	27	28	29	30
31	32	33	34	35

### **CREDITS**

36	37	38	39	40
41	42	43	44	45
46	47	48	49	50 – Silver achieved
51	52	53	54	55
56	57	58	59	60
61	62	63	64	65
66	67	68	69	70

## **CREDITS**

71	72	73	74	75
76	77	78	79	80
81	82	83	84	85
86	87	88	89	90
91	92	93	94	95
96	97	98	99	100 – Gold achieved
101	102	103	104	105

106	107	108	109	110
100	107	100	109	110
444	112	110	114	115
111	112	113	114	115
116	117	118	119	120
110	117	110	119	120
121	122	123	124	125
121	122	123	124	125
126	127	128	128	130
120	12/	120	120	130
131	132	133	134	135
-5-	10-	-55	-5-7	-55
136	137	138	139	140
J-	, , , , , , , , , , , , , , , , , , ,	J .		' '
	1	I .	I.	I.

141	142	143	144	145
146	147	148	149	150 – Ruby achieved
151	152	153	154	155
156	157	158	159	160
161	162	163	164	165
166	167	168	169	170
171	172	173	174	175
176	177	178	179	180

181	182	183	184	185
186	187	188	189	190
191	192	193	194	195
196	197	198	199	200 - Emerald achieved
201	202	203	204	205
206	207	208	209	210
211	212	213	214	215
216	217	218	219	220

221	222	223	224	225
226	227	228	229	230
231	232	233	234	235
236	237	238	239	240
241	242	243	244	245
246	247	248	249	250 – Platinum Achieved
251	252	253	254	255
256	257	258	259	260

261	262	263	264	265
266	267	268	269	270
271	272	273	274	275
276	277	278	279	280
281	282	283	284	285
286	287	288	289	290
291	292	293	294	295
296	297	298	299	300 - Diamond Achieved

### PERMISSION TO LEAVE CLASS

Date	Date
Destination	Destination
Signature	Signature
Date	Date
Destination	Destination
Signature	Signature
Date	Date
Destination	Destination
Signature	Signature
Date	Date
Destination	Destination
Signature	Signature
Date	Date
Destination	Destination
Signature	Signature

## **USEFUL PHONE NUMBERS AND WEBSITES**

CHILDLINE (24 HRS)	0800 11 11
NSPCC - CHILD PROTECTION HELPLINE	0800 800 500
CAMHS - CHILD & ADOLESCENT  MENTAL HEALTH SERVICEwww.hampsh	ire-camhs.nhs.uk
CATCH 22 - SUBSTANCE MISUSE SERVICE	0800 5999591
Young Minds - Free Text Service	Text YM to 85258
KOOTH – FREE, SAFE, ANONYMOUS ONLINE SUPPORT	www.kooth.com





**SCHOOL** · WINCHESTER

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