

Kings' Catering - Autumn Term 2023

	<i>Week One</i>	<i>Week Two</i>
	<i>Non Gluten Containing Ingredients</i>	
<i>Monday</i>	Cottage Pie made with Gluten-free Gravy <i>Available on request</i>	Gluten-free Pasta with Tomato & Herb Bolognese Sauce <i>Available on request</i>
<i>Tuesday</i>	Jackfruit & Sweet Potato Curry with Wholegrain Rice	Singapore-style Vegetable Stir-fry with Rice Noodles
<i>Wednesday</i>	Gluten Free Sausages <i>Available on request</i>	Gluten Free Sausages <i>Available on request</i>
<i>Thursday</i>	Roast of the Day, Roast Potatoes & Veg <i>Special gravy available on request</i>	Roast of the Day, Roast Potatoes & Veg <i>Special gravy available on request</i>
<i>Friday</i>	Chicken Korma or Chickpea & Vegetable Curry with Rice	Chicken Tikka Masala or Lentil & Vegetable Dhal with Rice

- Salad, Vegetables & Jacket Potatoes available every day
- A selection of Desserts, including Fresh Fruit, Yoghurt, Jelly Pots, Fruit & Custard Pots
 - A variety of School-compliant Drinks
- Salad Bar – please refer to Allergens Matrix on display for Non Gluten Items
- This menu should be read in conjunction with our 'Allergens Statement'

For further allergy advice please ask a member of the catering team