

Kings' Catering - Autumn Term 2023

| | <i>Week One</i> | | <i>Week Two</i> | |
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| | <i>Option 1</i> | <i>Option 2</i> | <i>Option 1</i> | <i>Option 2</i> |
| <i>Monday</i> | Cottage Pie with New Potatoes & Vegetables | ▼ American-style Mac 'n' Cheese | Pork Sausages with Mashed Potatoes & Veg | ✔ Veggie Spaghetti Bolognese |
| <i>Tuesday</i> | Italian Chicken Pasta Bake with Garlic Bread | ✔ Jackfruit and Sweet Potato Curry with Wholegrain Rice | Beef Lasagne with Garlic Bread | ✔ Singapore-style Vegetable Stir-fry with Rice Noodles |
| <i>Wednesday</i> | Breaded Cod & Chips with Peas/Beans | ✔ Vegetarian (Vegan) Sausages | Breaded Cod & Chips with Peas/Beans | ✔ Vegetarian (Vegan) Sausages |
| <i>Thursday</i> | <i>Kings' Carvery</i> Roast Potatoes, Yorkshire & Veg | ▼ Triple Cheese Quiche | <i>Kings' Carvery</i> Roast Potatoes, Yorkshire & Veg | ▼ Frittata with Mixed Peppers (Italian-style Omelette) |
| <i>Friday</i> | Chicken Korma Curry Rice & Naan | ✔ Chickpea & Vegetable Curry Rice & ▼ Naan | Chicken Tikka Masala Curry Rice & Naan | ✔ Lentil & Spinach Dahl Rice & ▼ Naan |

- Salad and Vegetables available every day
- Additional Omega-3 Fish Dish Every Week
- Sandwiches, Hot & Cold Wraps, Noodle/Pasta Pots, Paninis, Pizza, Jacket Potatoes
- A selection of Cakes, Desserts, Fresh Fruit, Yoghurt
 - A variety of School-compliant Drinks
 - Theme Day Specials throughout the Term