

Health and Social Care Cambridge Nationals Levels 1 & 2 OCR (specification can be found here - [Cambridge Nationals - Health and Social Care Level 1/Level 2 – J835 - OCR](#))

Year	Autumn	Spring	Summer
10	<p>7 weeks R032 exam: 1.1 Types of care settings. 3.1 The importance of verbal communication skills in health and social care settings. 3.2 The importance of non-verbal skills in health and social care settings. 3.3 The importance of active listening in health and social care settings. 3.4 The importance of special methods in health and social care settings. The importance of effective communication. R033 NEA1: 1.1 Life stages and development.</p>	<p>7 weeks Mock Exam 1 R032 exam: 2.4 Personal qualities (the 6 cs). R033 NEA 1: 2.1(s) Life events and their impacts on individuals, (begin working on OCR-set assignment material Task 1). 3.1 Sources of support to meet individual needs (Working on Task 2a).</p>	<p>5 weeks R032 exam: TA 1-3 revision. R033 NEA 1: Complete OCR-set assignment NEA 1 and submit to exam board (30% of final grade). R035 NEA 2: 1.2, 1.3 Introduce OCR-set assignment material released in June. 1.1 the importance of a healthy society. 1.2 current challenges to public health.</p>
10	<p>7 weeks R032 exam: 2.1 Person-centred values and how they are applied by service providers. 2.2 Benefits of applying the person-centred values. 2.3 Effects on service users' health and wellbeing if person-centred values are not applied. R033 NEA1: 1.2 Factors affecting growth and development, (begin working on OCR-set assignment material Task 1).</p>	<p>6 weeks R032 exam: 2.3 Effects on service users' health and wellbeing if person-centred values are not applied. 1.2 The rights of service users. 1.3 The benefits to service users' health and wellbeing when their rights are maintained. R033 NEA 1: Working on OCR-set assignment (final amendments).</p>	<p>7 weeks Mock Exam 2 R032 exam: TA 1-3 revision for mock exam. R035 NEA 2: 1.2 Organisations promoting public health challenges. 1.3 current health promotion campaigns and their benefits. 2.1 factors influencing health and well-being, 2.2 barriers to a healthy society, benefits of leading a healthy lifestyle, (begin working on OCR-set assignment material Tasks 1 & 2).</p>

<p>11</p>	<p>7 weeks R032 exam: TA 1-3 revision for mock exam. R035 NEA 2: 3.1 Plan and 4.1 create a health promotion campaign.</p>	<p>7 weeks R032 exam: 4.1 safeguarding. 4.2 infection prevention. 4.3 safety procedures and measures. 4.4 security procedures and measures. R035 NEA 2: Complete OCR-set assignment NEA 2 and submit to exam board (30% of final grade).</p>	<p>5 weeks R032 exam: Revision</p>
<p>11</p>	<p>7 weeks Mock Exam 3 R035 exam: Deliver a health promotion campaign. Evaluate their health promotion campaign.</p>	<p>6 weeks Mock Exam 4 R032 exam: Revision R035 NEA 2: 3.1, 4.1 Working on Task</p>	<p>N/A study leave Final Exam in June (40% of final grade).</p>