

KS3 Personal, Social, Health, Relationships and Economic Education (PSHRE)

	10 lessons	3 and 3 lessons	8 lessons	4 lessons	3 lessons	6 lessons
Year 7 Thursday assembly	Respectful Relationships RE <ul style="list-style-type: none"> • PSHEE • Transition • Friendship • Family • Bullying • Cyberbullying 	Being Safe Part 1 RE <ul style="list-style-type: none"> • Giving permission • Personal boundaries • Inappropriate touch Being Safe Part 2 (Child R) <ul style="list-style-type: none"> • Exploitation • Domestic abuse • FGM 	R&R Child Rights <ul style="list-style-type: none"> • Citizenship • Wants & needs • Child Rights • Street Children • Homelessness- UK • Child labour • Refugees Syria 	Mental well-being <ul style="list-style-type: none"> • Physical and mental health • Emotional resilience • Emotional support 	Careers <ul style="list-style-type: none"> • World of work/CDI frame • Skills builder • Career Pilot/career companion 	Local Community and local government <ul style="list-style-type: none"> • Community • Local community • Local council • Local councilor • Council tax • Devolution
	6 lessons	4 lessons	8 lessons	6 lessons	8 lessons	4 lessons
Year 8 Friday assembly	Identity and Diversity <ul style="list-style-type: none"> • Identity • Diversity • Discrimination • Sexism/equality • British values 	Identity and Diversity <ul style="list-style-type: none"> • Racism • Migration • Extremism 	Drugs Education <ul style="list-style-type: none"> • Illegal Drugs • Risk taking • Alcohol • Smoking • Vaping • Community impact • County Lines 	Careers <ul style="list-style-type: none"> • Post 16 options • LMI/career companion • Skills builder/CDI First Aid <ul style="list-style-type: none"> • Assessing risk • Recovery position • CPR • Serious injury 	Our Parliament <ul style="list-style-type: none"> • Democracy • Voting • Parliament • Laws • MP's • Devolved Government 	Relationships RSE <ul style="list-style-type: none"> • Healthy relationships • Changing relationships • Consent • Safe online
	8 lessons	6 lessons	6 lessons	4 lessons	6 lessons	6 lessons
Year 9 Wednesday assembly	Crime <ul style="list-style-type: none"> • Just Desserts • CSO's / Police • Anti – social Behaviour • CJS • Teens on trial 	Careers <ul style="list-style-type: none"> • Online careers quiz • Transferrable Skills • Values • GCSE Options • Post –16 options • Colleges 	Positive Relationships RSE <ul style="list-style-type: none"> • Healthy relationships • Body image • Relationship choices • Consent • Sexting • Online pornography 	Positive Relationships RSE <ul style="list-style-type: none"> • STI's/Contraception • HIV/AIDS • Pregnancy • Choices/issues 	Mental well-being <ul style="list-style-type: none"> • Happiness • Healthy lifestyles • Mental and emotional health • First Aid box 	Relationships and family life RE <ul style="list-style-type: none"> • Online relationships • Online sexual harassment • Marriage • Parenting • Forced marriage

Healthy, Safe, Prepared for Life.