

KS4 Personal, Social, Health, Relationships and Economic Education (PSHRE)

	8 weeks	5 weeks	8 weeks	3 weeks	7 weeks	
Year10 Monday assembly	Lifestyle Choices RSE <ul style="list-style-type: none"> • Alcohol • Cannabis • Illegal/risky substances • ‘Legal Highs’ • Police powers • Futures 	Mental well-being <ul style="list-style-type: none"> • First Aid box • Resilience • Signs • Support 	R&R Work Careers <ul style="list-style-type: none"> • Reasons • Skills • R&R • CV • Interviews • Personal finance 	Lifestyle Choices RSE <ul style="list-style-type: none"> • Delay • Sexual health • Consent • Pornography • Sexuality • LGBT discrimination 	Government <ul style="list-style-type: none"> • British values • Constitution • UK Parliament • Ideologies • Political parties • North Korea • Global politics 	Equality RSE <ul style="list-style-type: none"> • Healthy Relationships • Sexism • Sexual harassment • Sexual violence • Peer on peer abuse
	6 weeks	6 weeks	4 weeks	4 weeks	5 weeks	2 weeks
Year 11 Tuesday assembly	Work related Careers <ul style="list-style-type: none"> • WEX review • Post 16 applications • Mock interview forms • Personal statements 	Personal Finance <ul style="list-style-type: none"> • Attitudes • Budgeting • Debt • Credit • Future • Lifestyle choices 	Safer Driving <ul style="list-style-type: none"> • Attitude • Distraction • Safety • Drugs • Alcohol 	Health and relationships RSE <ul style="list-style-type: none"> • Healthy relationships • Checking for cancer • Immunisations • Sexual health • Health risks – vaping 	Extremism <ul style="list-style-type: none"> • Media • Group influence • Grooming • Challenging extremism • Human Rights • Extreme ideologies 	Exam Skills <ul style="list-style-type: none"> • GCSE preparation • Revision plans • Technique • ESM Health