

DofE Information Evening



Section Completion- Assessor Reports



Students should have completed their **6 month and one 3 month section** prior to the expeditions in September.

Once they have completed the required time, an assessor's report must be written by the section assessor and uploaded onto eDofE.

Completing Assessor Reports Online

<https://www.dofe.org/assessor/>

The assessor will require your eDofE number.

The assessor report must contain:

- A **start and end date** spanning the length of the section (please tell the assessor dates prior to filling this in).
- A description of the activity and progress made.
- The **frequency** of the activity (normally weekly, if not please explain how time has been spent).

Start date: 10/12/2023 End date: 10/03/2024 Progress made: [REDACTED] has been regularly attending after-school basketball sessions where she has focused on improving her shot. She has put herself into different scenarios where she has been put under pressure and still able to perform the skill, either an lay up or a set shot. She has listened intently to key teaching points to proactively improve her shot. Over time her shooting ability has improved and her scoring success has increased. [REDACTED] is highly competent at working in a team, she has shown very good cooperation, communication and leadership skills. [REDACTED] has looked to improve other students as well as improving her own capabilities during training sessions. Achievements: They have learnt and extended a range of key basketball skills as well as key fundamental life skills. [REDACTED] has improve on her shooting; lay ups and set shots. She has also improved her communication, working with younger students who she is able to help to support as well as improve her own performance. She has developed her confidence in persevering. She has learnt that if she continues to work hard, it will pay off and she will improve and develop her current skills. Frequency: Once a week for two school terms. Assessor Name: [REDACTED] Job Title: PE Teacher Assessor Name: [REDACTED] Title: PE Teacher


Completing Assessor Reports On Paper

The assessor will require your eDofE number.

The assessor report must contain:

- A **start and end date** spanning the length of the section.
- A description of the activity and progress made.
- The **frequency** of the activity

Upload a photo of the completed report and upload into the evidence section of **eDofE**.

 **ASSESSOR'S REPORT**
PHYSICAL

Participant: [REDACTED]
eDofE ID No: [REDACTED]
Level: Bronze

Description of activity: Fitness, gymnastics

Date started: 28/11/23 Completed: 5/3/24 (3 months)

Goals set by participant: To be able to do full runs on the track

Assessor's comments:
Please write as much as possible, talking about training, teamwork (if applicable) and achievements. What you write will celebrate the achievement of the young person and form part of their permanent record of their DofE programme. Please note: the information you have provided in this report will be scanned and stored by the DofE as part of its record of the participant's achievement. The DofE will not share your personal data with third parties.

What progress did they make towards their goals?
[REDACTED] has managed to achieve her full runs on the fast track and is making progress to achieve these runs on the ward track.

What did they achieve, what skills did they learn?
[REDACTED] has achieved round off 4 flips back back, and has gained the "whip" skill

How frequently did they take part in this activity?
2 Hours per week

Any other comments?
[REDACTED] always works hard and is a pleasure to coach.

Signature: [REDACTED] Date: 12/3/24

Assessor's first name: [REDACTED] Last name: [REDACTED]

Assessor's position/qualification: Coach level 5

Assessor's phone number: [REDACTED]

Assessor's email: [REDACTED]

Participants should scan or photograph this page and upload to eDofE as evidence.

Practise Expedition Locations 14th-15th

Queen Elizabeth Country Park
PO8 0QE



Team Morgan: Start 10am Sat

Team Stevenson: Finish 3pm Sun

Creech Wood, Denmead,
Portsmouth PO7 6UB



Team Stevenson: Start 10am Sat

Team Morgan: Finish 3pm Sun

Please type the name of the location into google maps.

Conformation of groupings will be sent out shortly.

Practise Expedition Camp Site

Meonside Camping

Lower Farm, Petersfield GU32 1EZ



Practise Expedition Agenda- Day 1

- 10:00 – Students arrive at start location, **register** and assemble into groups.
- 10:15 - Briefing from BXM leader
- 10:30 -Kit check and team briefing with BXM group leaders.
- 10:45 – 16:00 – Training and Walk with BXM expeditions.
- 16:00 – 17:00 – Groups arrive at Campsite and set up tents.
- 17:00 – 19:00 – Students taught how to use camping stoves, prepare and eat dinner.
- 19:00 – 20:00 – Route check for the following day.
- 20:00 -22:00 – Free Time
- 22:00 – 22:30 – Prepare for sleep
- 22:30 – Lights out

Practise Expedition Agenda- Day 2

- 07:00 – Wake Up
- 07:00 – 08:30 – Breakfast, pack tents & backpacks
- 08:30 – 15:00 – Training, planning and walk with BXM expeditions
- 15:00 – Car-park pick up by parents/guardians

Team Morgan collected from Creech Wood Denmead, Portsmouth, Waterlooville PO7 6UB

Team Stevenson collected from Queen Elizabeth Country Park PO8 0QE.

Qualifying Expedition Locations 28th-29th

Old Winchester Hill Car Park
GU32 1HN



Team Morgan: Start 10am Sat
Team Stevenson: Finish 3pm Sun

Fort Nelson Visitors Car Park
PO17 6AN



Team Stevenson: Start 10am Sat
Team Morgan: Finish 3pm Sun

Please type the name of the location into google maps
Conformation of groupings will be sent out shortly.

Qualifying Expedition Camp Site

Sandy Acres Guide Camp Site

8A Sandy Ln, Shedfield, Southampton SO32 2HQ



Kit

On your way out, please collect a kit list from the back of the room.

CLOTHING

Item Needed

1 pair of walking boots (broken in)

2 pairs of walking socks

2 pairs of sock liners (optional)

Jacket/coat (waterproof and windproof)

Waterproof overtrousers

2 fleece tops or similar

2-3 t-shirts (thermal optional)

2 walking trousers (warm, NOT jeans)

1 pair of shorts (if appropriate)

Underwear

Nightwear

Flip flops/sandals (optional for camp site use)

Warm hat and/or sunhat (as appropriate)

Recommendations

1. Two layers of socks will prevent blistering
2. A proper waterproof coat is essential – pack a macks are not recommended.
3. Sun hat with a brim- rain defence.
4. Full length trousers/leggings or long socks-ticks.
5. One extra set of clothes should be enough.
Pack light!

Kit

PERSONAL KIT

Item Needed

Rucksack

Mug

Rucksack liner (or 2)

Wash kit/personal hygiene items
(some items could be shared as a group)

Sleeping bag

Towel (Small)

Sleeping mat

Waterproof bag

Sleeping bag liner (optional)

Whistle

Torch (handheld/head torch and spare batteries)

Personal first aid kit

Food (including emergency rations)

Water bottle

Cutlery**

Plate/bowl

Recommendations

1. Ensure the items in your backpack will remain dry!
2. A double layered sturdy bin bag will suffice as a rucksack liner.
3. Students must be able to carry 2l of water.
4. A phone cannot be used as a torch.
5. Group leaders (BXM staff) will carry first aid kits. Students are encouraged to have a supply of plasters, blister plasters, antiseptic wipes to address minor injuries.

Kit

GROUP KIT (To carry between the team)

Cooking pans
Scourers
Tin opener (if required)
Tea towels
Plastic bags (for rubbish etc.)
Toilet paper [REDACTED]
Compass
Tick remover (location dependent - ask your Supervisor)
Survival bag



Recommendations

1. Teams will be provided with camping stoves and fuel but they will need to bring a pan to cook their meal in.
2. Two compasses per team is enough.
3. Survival bags are not strictly necessary but are useful to put bags in at night.

Food

Participants should aim to consume at least **3000 calories a day!**

Teams need to prepare a **hot evening meal** once they reach the campsite.

Must meet team dietary requirements.

Each individual needs to bring:

- Lunch for day one and two
- Breakfast for the second morning
- **Lots of snacks**



Medicines and Additional Needs

- Students with **inhalers and/or EpiPens** must carry these in an accessible part of your backpack.
- All other medicines should be in a sealed bag, named and handed to Miss Morgan or Miss Stevenson on arrival.
- Team leaders (BXM staff) will carry some over the counter medicines eg paracetamol. Do not bring your own.

Parents

You will be required to **confirm medical and emergency contact information is still correct**. Information sent out shortly.

If your child has **additional medical needs**/may require adjustments to the expedition, you will be contacted next week to discuss these.

Not to bring

- Your own tent
- Glass jars
- Raw meat
- Any form of sharp knife – eg pen knife or chef knife.
- Nuts- participants with allergies.



Mobile Phones

- Each team may bring 2 mobile phones (preferably on two different networks)
- Contact the group leader or Miss Morgan if team are lost or require help.
- Using phones for things such as playing music, games, social media, or navigating with google maps is against DofE rules and may result in teams not passing their expedition.
- Once groups arrive at camp, phones will be collected and locked away (unless needed for medical reasons)
- **Kings School will not take responsibility for loss or damage to property.**

Parents

Please do not contact your child while on expedition. You will be contacted if there is a problem. **You must be available to collect your child if necessary.**

Behaviour

- Students are representing the school, behaviour must be impactable.
- Follow all instruction by Kings and BXM staff
- Be polite and respectful to members of the public you may encounter
- Observe the countryside code at all times eg no litter
- Students can socialise with other groups at the campsite but at no point should enter someone else's tent

If behaviour falls short of expectations parents will be called to collect student. You will not be issued a refund.