**PE Extra-Curricular Programme 2025-26: After school sports clubs for Autumn/Winter**

All after school activities run from **3:25-4:30**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Before School  8.00-8.30 | Year 9, 10, 11  Hockey  BCH  Year 9, 10, 11  Volleyball  NGW | Year 7/8  Badminton  FRS | Year 7, 8 & 9  Basketball  DUN | Year 10 & 11  Basketball  DUN | Year 10 & 11  Badminton  BCH |
| Lunch:  12.15-12.35  12.35-12.55 | All Years  Hockey  BCH | All Years  Hockey  BCH  Year 7/8  Netball Squad  FRS | Year 7 Tutor  Football Tournament  OSB  Indoor Rounders  BUR | All Years  Hockey  BCH | All Years  Hockey  BCH  Year 9/10/11  Netball Squad  BUR |
| After School  3.25-  4.30 | Year 9, 10, 11  Girls Hockey  WHI  Year 10 & 11  Girls Basketball  RCH  Year 8 & 9  Boys Football  OSB/MRW  Year 7 & 8  Girls Football  TRP | Year 7, 8 & 9  Boys Rugby  BRE/NGW  Year 9, 10, 11  Netball  BUR/FRS  Year 10 & 11  Boys Basketball  DUN  All Years  Table Tennis  BCH  Invite Only  Inclusive Swimming  All Years  X-Country  TRP  All Years  Girls Rugby  LNG/RCH | Year 7 & 8  Boys Hockey  BCH  Year 10 & 11  Boys Football  OSB  Year 7, 8 & 9  Girls Basketball  RCH  Year 7 & 8  Girls Hockey  WHI | Year 7, 8 & 9  Boys Basketball  DUN  Year 10 & 11  Boys Rugby  BRE/NGW  Year 9,10 & 11  Girls Football  TRP  Year 7 & 8  Netball  BUR/FRS  All Years  Squad Swimming  MQL | Year 7 Boys Football  OSB  Year 9,10 & 11  Boys Hockey  BCH  Year 8 & 9  Badminton  NGW |