**PE Extra-Curricular Programme 2025-26: After school sports clubs for Autumn/Winter**

All after school activities run from **3:25-4:30**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Before School8.00-8.30 | Year 9, 10, 11HockeyBCH Year 9, 10, 11VolleyballNGW | Year 7/8 Badminton FRS | Year 7, 8 & 9BasketballDUN | Year 10 & 11 Basketball DUN | Year 10 & 11BadmintonBCH |
| Lunch:12.15-12.3512.35-12.55 | All Years Hockey BCH | All Years HockeyBCHYear 7/8 Netball SquadFRS | Year 7 TutorFootball Tournament OSBIndoor RoundersBUR | All Years Hockey BCH | All Years Hockey BCHYear 9/10/11 Netball SquadBUR |
| After School3.25-4.30  | Year 9, 10, 11Girls Hockey WHIYear 10 & 11 Girls BasketballRCHYear 8 & 9 Boys FootballOSB/MRWYear 7 & 8 Girls FootballTRP | Year 7, 8 & 9Boys RugbyBRE/NGWYear 9, 10, 11Netball BUR/FRSYear 10 & 11 Boys Basketball DUNAll Years Table TennisBCHInvite OnlyInclusive SwimmingAll YearsX-Country TRPAll Years Girls Rugby LNG/RCH | Year 7 & 8Boys HockeyBCHYear 10 & 11 Boys Football OSBYear 7, 8 & 9Girls Basketball RCHYear 7 & 8 Girls HockeyWHI | Year 7, 8 & 9 Boys BasketballDUNYear 10 & 11 Boys Rugby BRE/NGWYear 9,10 & 11Girls Football TRPYear 7 & 8NetballBUR/FRSAll Years Squad SwimmingMQL | Year 7 Boys FootballOSBYear 9,10 & 11Boys Hockey BCHYear 8 & 9 Badminton NGW  |