

Getting Ready for Year 11 Mock Exams and GCSE's

Why starting early works (and feels nicer) 🕒

- Little and often beats last-minute marathons. 20–30 minutes, 4–5 times a week, builds exam muscle without the stress sweats.
- Memory needs spacing. Short sessions with breaks help content stick.
- Confidence grows quietly. Early wins now = less panic when mocks arrive.
- Teacher tip: Treat study like brushing your teeth — short, regular, non-negotiable. You never try to “cram” a year of brushing in one night... please don't try it with revision either. 😊

A simple “September Starter Plan” 🍁

- Mon–Thu: 25 minutes of a different subject each day + 5-minute review
- Sat or Sun: One longer block (45–60 minutes) on your trickiest topic + 10 minutes filing notes

Daily tiny habits:

- One flashcard review set (spaced repetition).
- One exam question (even if it's just a 2-marker).
- Screenshot or jot down one “I don't get this yet” to tackle next time.
- Keep it light and realistic. Consistency > perfection. 🌱

Mocks matter (a lot) 📄

Mocks aren't “fake exams”; they're dress rehearsals.

- Use them to learn, not just to score:
- Sit some papers under timed conditions at home.
- Mark with the official mark schemes — learn the phrases examiners love.
- Catalogue errors: knowledge, technique, or careless. Fix the pattern, not just the question.

Study tools that actually help 📚

- Spec checklist: Tick off exact statements you've mastered.
- Flashcards (digital or paper): definitions, equations, required practicals, case studies.
- Past-paper playlist: one question a day; full paper every few weeks.
- The “teach it to me” rule: if you can teach it (to your sibling, pet, or plant), you understand it.

Look after your brain (and the rest of you) 🧠

- Sleep is revision you do with your eyes closed.
- Move a bit daily — brain loves oxygen.
- Boundaries: revise, then stop. Your hobbies are not a luxury; they're fuel.
- Kindness: tough day ≠ failure. Reset, not regret.

Quick checklist to pin on your wall ✅

- Set a weekly “little & often” timetable
- Start one flashcard deck per subject
- Do one exam question a day
- Book mock dates in your calendar
- You've got this. Truly. Your grades are one part of your story — not the whole book

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